Sheroo Mukhtiar

President and CEO

Sheroo Mukhtiar is the President and CEO of IM Houston, a nonprofit serving the Greater Houston area with a mission to bring people from diverse faith communities together in service. Through signature programs such as Meals on Wheels and Refugee Services, IM Houston works to feed the hungry, welcome the newcomer, and respect one another.

A seasoned nonprofit leader with more than 35 years of experience, Mukhtiar has led community-based organizations across multiple states and is widely recognized for her strategic leadership and ability to drive transformational change. Her career spans a broad range of impact areas, including youth services, addressing homelessness, workforce development, fundraising, strategic planning, and community-based initiatives. Since assuming leadership at IM Houston in early 2025, she has focused on building upon the organization's strong foundation while expanding opportunities for innovation, growth, and meaningful partnerships.

Mukhtiar holds a Master of Social Work from Washington University in St. Louis and a Bachelor of Social Work from India. She is deeply engaged in civic leadership and serves on several boards and initiatives, including the United Nations Association – Houston and Construction Career Collaborative.

Her leadership has been recognized with numerous honors, including Women Who Mean Business (Houston Business Journal), Woman on the Move (Texas Executive Women), Top 30 Influential Women of Houston, the Greater Houston Women's Chamber Role Model Award, Houston Woman Magazine's 50 Most Influential Women of 2025, and most recently, the Woman of Impact Award through the Raindrop Foundation Houston in partnership with the United Nations Association – Houston. In August 2026, the Houston Business Journal recognized Mukhtiar as one of the Most Admired CEOs in the Greater Houston region.

Outside of work, Mukhtiar enjoys traveling, exploring diverse cultures and cuisines, and creating meaningful gatherings with family and friends. Her greatest joy is being a mother to her two daughters, whom she lovingly calls her North Stars.

AREAS OF EXPERTISE

- Nonprofit executive leadership
- Board development and governance
- Strategic growth and capacity building
- Talent management
- Marketing and financial planning
- Program innovation
- Workforce development

EDUCATION

- M.S.W., Washington University in St. Louis
- B.S.W., College of Social Work, India
- Leadership Houston, Class XXXIV
- Senior Fellow – American Leadership Forum
- Center for Houston's Future, Fall 2025

AFFILIATIONS

- United Nations Association, Board Member
- C3 (Construction Career Collaborative), Board Member